

The Refiner's Foursquare Steps Challenge is just about here. It will officially start this Monday, May 1 and end on Friday, June 30, so we will have two months of getting our exercise in together!

We will be using the app Pacer Pedometer & Step Tracker: <https://www.mypacer.com/>

The app will ask permission to connect to your health apps and will track your steps passively, so no need to run the app while you walk or run. We will have a group called Refiner's Foursquare Church.

This will be the main page where we can all see each other's progress. Within the group, there will be a challenge called Daily Steps Challenge.

We will be giving away prizes for 1st and 2nd place, but everyone who tries to get out there and get more steps in is still a winner in our book! Excited to come together with all of you in this!

If you have any questions, feel free to contact Pastor Katrina with anything you may have.